



Community Classes

Sundays, 2pm-3pm

Community Classes are taught by recent graduates of Everyday People Yoga 200-hour Yoga Teacher Training to give opportunity for growth as a new yoga teacher. Class will be taught in either a **Gentle Flow** or **Restorative** style.

February 4th...Amy Pelkey

February 11th...Donna Staggers

February 18th...Amy Pelkey

February 25th...Morgan Wells

March 3rd...Lake Taylor

March 10th...Whitney Sayles

March 17th...No Class

March 24th...Melissa Jackowski

March 31st...Elizabeth Reed

April 7th...Ally O'Sheedy

April 14th...Stefani Narvaez

Suggested Donation of **\$5-\$15** to support the mentoring teachers and the yoga studio.